



TRINITY HIGH SCHOOL LUNCH MENU



	Monday 12-Sep	Tuesday 13-Sep	Wednesday 14-Sep	Thursday 15-Sep	Friday 16-Sep
<i>Main Plate</i>	GRILLED CHEESE Texas Toast Provalone & American Tomato Soup Carrots & Celery	TACO TUESDAY Beef or Chicken Hard or Soft Shell Beans n' Rice Cilantro Corn	KOREAN BBQ Pork Korean BBQ Sauce Rice Korean Coleslaw	BREAD BOWLS Chicken or Beef Broccoli Cheese/Bacon Bits Alfredo or Cheese Sauce	BREAKFAST FOR LUNCH Cheesy Eggs Waffles Mixed Berries Chocolate Chips/Whipped Cream
<i>cheffresh</i>	Garden Salad Turkey Wrap Cheese Sub	Garden Salad Turkey Wrap Cheese Sub	Garden Salad Turkey Wrap Cheese Sub	Garden Salad Turkey Wrap Cheese Sub	Garden Salad Turkey Wrap Cheese Sub
<i>J. CLARK'S GRILLE</i>	BBQ Rib Sandwich	Southwest BBQ Burger	Chicken Parmesan Sandwich	Hot Dogs & Cheese Bites	Breakfast Burrito
<i>VILLA TOSCANA</i>	Sausage Pizza	Mac & Cheese Pizza	Veggie Calzone	Garlic Chicken White Pizza	Breakfast Pizza
	Monday 19-Sep	Tuesday 20-Sep	Wednesday 21-Sep	Thursday 22-Sep	Friday 23-Sep
<i>Main Plate</i>	ITALIAN PASTA BAR Noodles Alfredo or Marinara Sauce Chopped Broccoli Sausage or Chicken	GYROS Lamb or Beef Feta Cheese Lettuce/Tomato Tzatziki Sauce	MEATLOAF Meatloaf w/Gravy Mashed Potatoes Green Beans	ORANGE CHICKEN Orange Chicken Stir Fried Rice Asian Style Vegetables Fortune Cookie	PIEROGIS Pierogis Caramelized Onions Cheese/Sour Cream Seasoned Carrots
<i>cheffresh</i>	Garden Salad Buffalo Chicken Wrap Italian Sub	Garden Salad Buffalo Chicken Wrap Italian Sub	Garden Salad Buffalo Chicken Wrap Italian Sub	Garden Salad Buffalo Chicken Wrap Italian Sub	Garden Salad Buffalo Chicken Wrap Italian Sub
<i>J. CLARK'S GRILLE</i>	Sloppy Joe	Grilled Rachel Wrap	Fried Egg Sandwich	Beef & Bean Burritos	Grilled Vegetable Wrap
<i>VILLA TOSCANA</i>	Big Mac Pizza	Pepperoni Pizza	Supreme Pizza	Veggie White Pizza	Fruit Pizza
	Monday 26-Sep	Tuesday 27-Sep	Wednesday 28-Sep	Thursday 29-Sep	Friday 30-Sep
<i>Main Plate</i>	CHICKEN KIEV Chicken Kiev Roasted Potatoes Seasoned Carrots	SPAGHETTI Spaghetti Meatballs Marinara Sauce Mixed Vegetables	CHICKEN BOWL Popcorn Chicken Stuffing Mashed Potatoes Corn	FRIED RICE Rice in Soy Sauce Asian Style Vegetables Beef Eggs	BURRITO BAR Beef or Chicken Rice & Beans Lettuce/Tomato
<i>cheffresh</i>	Garden Salad Veggie Hummus Wrap Turkey & Cheese Sub	Garden Salad Veggie Hummus Wrap Turkey & Cheese Sub	Garden Salad Veggie Hummus Wrap Turkey & Cheese Sub	Garden Salad Veggie Hummus Wrap Turkey & Cheese Sub	Garden Salad Veggie Hummus Wrap Turkey & Cheese Sub
<i>J. CLARK'S GRILLE</i>	Meatball Sub	Chicken Nuggets	Fish & Chips	Italian Sausage	Buffalo Chicken Sandwich
<i>VILLA TOSCANA</i>	BBQ Chicken Pizza	Cheesesteak Pizza	Buffalo Chicken Calzone	White Pizza	General Tso Pizza

\$4.50 Lunch Meal includes the following:

- The entirety of the Main Plate Option
- OR
- The J. Clark's Grille Special with a fruit or vegetable
- OR
- The Villa Toscana Special with a fruit or vegetable
- All options come with a bottle of water

All other combinations are sold a la carte

Questions? Contact Nathan Campbell at ma1095@metzcorp.com

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