



TRINITY HIGH SCHOOL LUNCH MENU

	Monday 3-Oct	Tuesday 4-Oct	Wednesday 5-Oct	Thursday 6-Oct	Friday 7-Oct
<i>Main Plate</i>	KICKIN' COWBOY BBQ Chicken or Pulled Pork Hamburger Bun Sweet or Savory BBQ Sauce Carrots & Celery	FRONT STREET FAIRE Corn Dogs Corn Fritters Cheddar Pretzel	ASIAN NOODLE BOWL Rice Noodles Beef Broth Beef Asian Vegetable Blend	LOADED BAKED POTATO Baked Potato Beef Chili Broccoli Cheddar Cheese	CHICKEN & WAFFLES Waffle Sticks Chicken & Gravy Peas & Carrots
<i>cheffresh</i>	Garden Salad BBQ Chicken Wrap Turkey Cheese Sub	Garden Salad BBQ Chicken Wrap Turkey Cheese Sub	Garden Salad BBQ Chicken Wrap Turkey Cheese Sub	Garden Salad BBQ Chicken Wrap Turkey Cheese Sub	Garden Salad BBQ Chicken Wrap Turkey Cheese Sub
J. CLARK'S GRILLE	Bacon Cheesy Tots	Chicken Tenders	Fried PB&J	Fish Sandwich	Patty Melt
VILLA TOSCANA	Taco Pizza	Hawaiian Pizza	Ham & Cheese Calzone	White Pizza	Meat Lover's Pizza
	Monday 10-Oct	Tuesday 11-Oct	Wednesday 12-Oct	Thursday 13-Oct	Friday 14-Oct
<i>Main Plate</i>	GRILLED CHEESE Texas Toast Provalone & American Tomato Soup Carrots & Celery	TACO TUESDAY Beef or Chicken Hard or Soft Shell Beans n' Rice Cilantro Corn	KOREAN BBQ Pork Korean BBQ Sauce Rice Korean Coleslaw	BREAD BOWLS Chicken or Beef Broccoli Cheese/Bacon Bits Alfredo or Cheese Sauce	BREAKFAST FOR LUNCH Cheesy Eggs Waffles Mixed Berries Chocolate Chips/Whipped Cream
<i>cheffresh</i>	Garden Salad Turkey Wrap Ham Cheese Sub	Garden Salad Turkey Wrap Ham Cheese Sub	Garden Salad Turkey Wrap Ham Cheese Sub	Garden Salad Turkey Wrap Ham Cheese Sub	Garden Salad Turkey Wrap Ham Cheese Sub
J. CLARK'S GRILLE	BBQ Rib Sandwich	Southwest BBQ Burger	Chicken Parmesan Sandwich	Hot Dogs w/Mac & Cheese Bites	Breakfast Burrito
VILLA TOSCANA	Sausage Pizza	Mac & Cheese Pizza	Veggie Calzone	Garlic Chicken White Pizza	Breakfast Pizza
	Monday 17-Oct	Tuesday 18-Oct	Wednesday 19-Oct	Thursday 20-Oct	Friday 21-Oct
<i>Main Plate</i>	ITALIAN PASTA BAR Noodles Alfredo or Marinara Sauce Chopped Broccoli Sausage or Chicken	GYROS Lamb or Beef Feta Cheese Lettuce/Tomato Tzatziki Sauce	MEATLOAF Meatloaf w/Gravy Mashed Potatoes Green Beans	ORANGE CHICKEN Orange Chicken Stir Fried Rice Asian Style Vegetables Fortune Cookie	PIEROGIS Pierogis Caramelized Onions Cheese/Sour Cream Seasoned Carrots
<i>cheffresh</i>	Garden Salad Buffalo Chicken Wrap Italian Sub	Garden Salad Buffalo Chicken Wrap Italian Sub	Garden Salad Buffalo Chicken Wrap Italian Sub	Garden Salad Buffalo Chicken Wrap Italian Sub	Garden Salad Buffalo Chicken Wrap Italian Sub
J. CLARK'S GRILLE	Sloppy Joe	Grilled Rachel Wrap	Fried Egg Sandwich	Beef & Bean Burritos	Grilled Vegetable Wrap
VILLA TOSCANA	Big Mac Pizza	Pepperoni Pizza	Supreme Pizza	Veggie White Pizza	Fruit Pizza

\$4.50 Lunch Meal includes the following:

- The entirety of the Main Plate Option
- OR
- The J. Clark's Grille Special with a fruit or vegetable
- OR
- The Villa Toscana Special with a fruit or vegetable
- All options come with a bottle of water

All other combinations are sold a la carte

Questions? Contact Nathan Campbell at ma1095@metzcorp.com

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